

Local Wellness Policy

In accordance with Public Law 108-265, Section 204, the District establishes a Local Wellness Policy. This policy:

- 1) Includes goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness. These goals are provided in District Policy 2124 Health and Fitness;
- 2) Includes nutrition guidelines for all foods available on each school campus. These guidelines are included in District Policy 6700 Nutrition.
- 3) Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture. This assurance is provided in the procedures to District Policy 6700 Nutrition.
- 4) Establishes a plan for measuring implementation of the Local Wellness Policy including designation of person in the District who is charged with the operational responsibility for ensuring that the schools meet the Local Wellness Policy. This Policy designates the Director of Child Nutrition as the person in the District who is charged with operational responsibility for establishing a plan to measuring the implementation of the policy and to ensure that the schools in the District meet the Local Wellness Policy.
- 5) Establishes a school health advisory committee that involves parents, students, representatives of the school food authority, the School Board, school nurse staff, teaching staff, classified staff, school administrators, and the public in the development of the Local Wellness Policy. The school health advisory committee shall advise school administration and School Board members on policies, environmental changes, and programs needed to support healthy food choice, physical activity, and childhood fitness.

Cross Reference: District Policy 2124 Health and Fitness
District Policy 6700 Nutrition Health and Physical Education

Legal Reference: Public Law 108-265, Section 204
RCW 28A.210.365

Adopted: 10.06
Classification: Essential
Revised: 10.21 (new policy number); 04.24 (new policy number)