

October 2021

West Valley Secondary Menu



Online Deposits, plus auto-payment options:
www.myschoolbucks.com
 (Call CN office for student I.D.)
 972-6040

Monday	Tuesday	Wednesday	Thursday	Friday
	 WV menus feature Washington State grown and harvested products			1) French Toast Bar, Fruit Bean & Cheese Burrito Choice of: baby carrots, fruit bowl, sweet corn, blueberries
4) Pumpkin Bread, Fruit Chicken Nuggets w/Toast Choice of: salad, baby carrots, fruit bowl, celery sticks, mixed fruit	5) Pancake Sausage Wrap, Fruit Chicken Teriyaki Rice Bowl Mini Corn Dogs Choice of: salad, baby carrots, fruit bowl, edamame, orange slices	6) Honey Bun, Fruit Taste Washington Day Cheese Pocket w/Marinara Choice of: baby carrots, fruit bowl, local fruit and/or vegetables	7) Breakfast Pizza, Fruit Cheese Pizza Wedge Choice of: salad, baby carrots, fruit bowl, cucumber, banana	8) Bagel & Cream Cheese, Fruit Tostado w/Chips Chicken Sandwich Choice of: salad, baby carrots, fruit bowl, sweet corn, applesauce
11) Turkey & Cheese Sandwich, Fruit Pepperoni Pizza Rippers Choice of: salad, baby carrots, fruit bowl, celery sticks, mixed fruit	12) Pancake Sausage Wrap, Fruit Macaroni & Cheese Bowl Choice of: salad, baby carrots, fruit bowl, edamame, orange slices	13) French Toast, Fruit Chicken Strips w/Breadstick Choice of: salad, baby carrots, fruit bowl, broccoli, sliced pears	14) Breakfast Pizza, Fruit HM Cheese Zombie Chicken Sandwich Choice of: salad, baby carrots, fruit bowl, cucumber, grapes	15) French Toast Bar, Fruit Rib-B-Que Sandwich Choice of: salad, baby carrots, fruit bowl, sweet corn, applesauce
18) Pumpkin Bread, Fruit Chicken Chunks w/Toast Choice of: salad, baby carrots, fruit bowl, celery sticks, mixed fruit	19) Pancake Sausage Wrap, Fruit Chicken Alfredo w/Penne Cheeseburger Choice of: salad, baby carrots, fruit bowl, edamame, orange slices	20) 2-HOUR DELAY – No Breakfast Cheese Stuffwich Choice of: salad, baby carrots, fruit bowl, broccoli, sliced peaches	21) Breakfast Pizza, Fruit Beef Hot Dog Choice of: salad, cheese stick, baby carrots, fruit bowl, sweet corn, banana	22) Bagel & Cream Cheese, Fruit Turkey Gravy & Potatoes Chicken Sandwich Choice of: salad, homemade roll, baby carrots, fruit bowl, green beans, applesauce
25) Turkey & Cheese Sandwich, Fruit Conference Week – No Lunch ML Corn Dog Choice of: salad, baby carrots, fruit bowl, celery sticks, mixed fruit	26) Pancake Sausage Wrap, Fruit Conference Week – No Lunch ML Cheeseburger Choice of: salad, baby carrots, fruit bowl, edamame, orange slices	27) French Toast, Fruit Conference Week – No Lunch ML Popcorn Chicken w/Cornbread Choice of: salad, cornbread, baby carrots, fruit bowl, broccoli, sliced pears	28) Breakfast Pizza, Fruit Conference Week – No Lunch ML Cheese Zombie Chicken Sandwich Choice of: salad, baby carrots, fruit bowl, cucumber, grapes	29) French Toast Bar, Fruit Conference Week – No Lunch ML Bean & cheese Burrito Choice of: salad, baby carrots, fruit bowl, sweet corn, applesauce

Offered daily:

Additional Breakfast Choices: Cereal, Cinnamon Bread, Chocolate Chip Muffin, 100% Fruit Juice, Fresh Fruit

Additional Lunch Choices: Pepperoni Pizza, Cheese Pizza, Turkey & Cheese Sandwich

Milk Choices: Fat Free Chocolate & White Milk, Soy Milk. Milk may be purchased for \$.50 to compliment meals from home.

This institution is an equal opportunity provider.

Menu items may change without notice.