Staying Positive and Realistic During Distance Learning

Michelle McKimmy

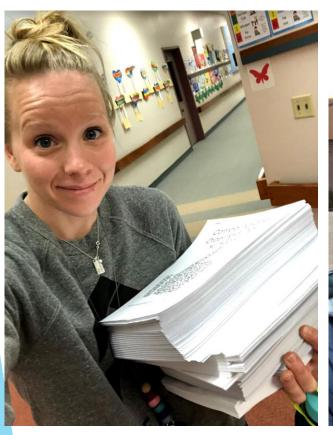
2nd grade teacher at Wide Hollow Elementary

Mom of a 6 & 4 year old

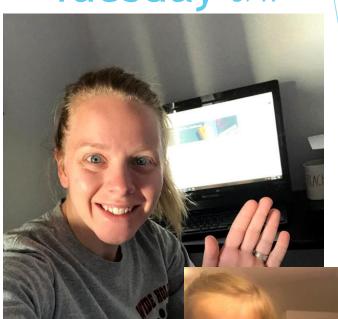
Friday 3/13

Monday 3/16









Read

Have realistic expectations as the parent

No one expects you to recreate school

- Read with your child
 - Talk with your child
- Play with your child

Give yourself grace

-"working out of the home" home learning parent
-"working at home" home learning parent
-"full time" home learning parent

We are all doing more jobs than we were 2 months ago.

Find the balance, keep the peace

Schedule (sort of)

Keep in mind

- It's not summer. Yes, kids, you have to get dressed. And brush your teeth.
- School space with limited distractions
 - Converted playroom
 - Kitchen table
 - Counter
 - Folding table in mom or dad's office
- Parent schedule
- Child's learning schedule
 - Checklist from teacher
 - Parent created schedule for kids
 - Kids might say they don't like schedules, but it's good for them

Schedule Example

McKimmy

- 8:00 wake up, breakfast, get dressed, brush teeth
- > 9:00 School starts

Note: my girls are not independent. Mom and dad tag in and out of homeschool while the other works.

- ► 12:00 School ends
- ▶ 12:30 lunch
- ► 1:00-5:00 (ish) unstructured play
- ▶ 5:30 shower, tv time

More working time for mom and dad

- ► 6:30 dinner
- > 7:30 bedtime routine
- ▶ 8:00 lights out, door closed
- After kids are in bed- we work some more



When creating your schedule





Reach out to the teacher

-Remind

-E-mail

What's going well

What's not going well

Tell them what you or your child needs to be successful

Keeping motivation & a positive attitude

with school

Reward (bead jar)

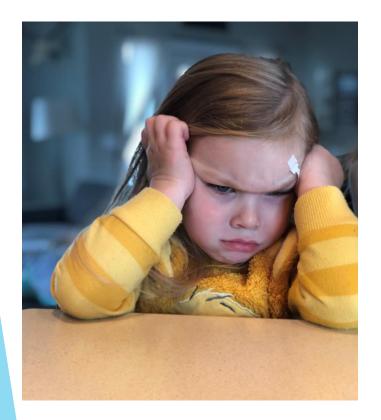
- Make deals
- Brain breaks
- Snacks while working





When things stop going well

- Know the red flags
- Be okay stopping school earlier than intended
- Reach out to the teacher- ask for support. They are there for you!





Ideas the teacher didn't give you

Making a journal: grab some paper, staple it together. Instant journal!

A book and a journal write



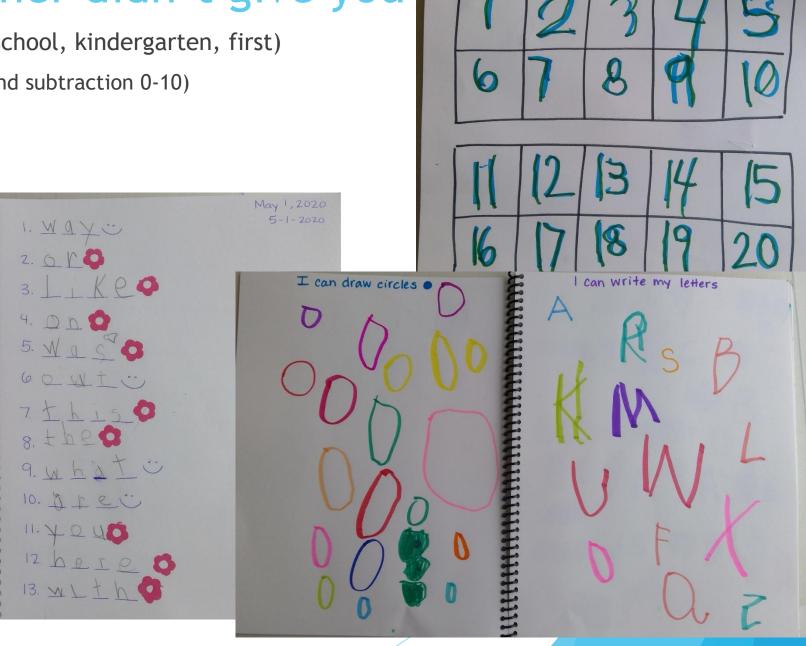


- Storyline Online
 Ask you teacher for website for free books



- Fine Motor journal (preschool, kindergarten, first)
 - Basic facts (addition and subtraction 0-10)
 - Letter sounds
 - Sight words
 - Shapes



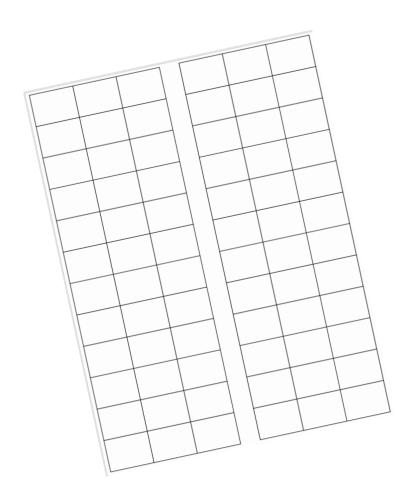


1 can write 1-20

Ideas the teacher didn't give you

Number roll: grab some paper, cut it into strips, start with the number 1 and

go as far as you can.





Other Valuable things to do at home

- Cook
- Build
- Household chores
- Take walks
- Board games
- Puzzles
- Art

Young kids will never say to you, "Mom/Dad, There's something on my mind, can we talk?" What they will say is, "Will you play with me?"

If you do nothing else, do this:

- Read with our child
- ► Talk with your child
- Play with your child

Every day is not going to be good, but create moments that your child will look back on and smile.

Thank you!

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